

Domestic Violence Facts

Violence occurs in all countries, religions, economic and professional groups.

One in three women suffer abuse in their lifetime.

An estimated 4,000 women die in the United States each year as a result of violence in their home.

The level of violence can increase if you do not ask for help.

Women who are mistreated during pregnancy run the risk of premature delivery, miscarriage, or death.



Domestic violence is a crime that we need to report!



Caminar Latino, Inc.

P.O. Box 48623

Doraville, GA 30362

Phone: 404-413-6348

Fax: 678-527-8700

To stay updated on Caminar Latino's activities, follow us on Facebook

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Caminar Latino, Inc.

Healing Families,
Ending Violence

Program for Latina Women who have Experienced Domestic Violence

Information Line • 404.413.6348

About Domestic Violence

Violence

Is the invasion of space without permission in order to hurt or control the other person.

Domestic Violence

Is the violence that occurs at home against the people with whom we live.

Types of Violence

- Physical
- Verbal
- Emotional
- Sexual

Physical:

Direct: Punching, slapping, using weapons, shoving, etc.

Indirect: Breaking belongings, mistreating animals, throwing objects, damaging property, etc.

Verbal:

Insults, humiliation, blame, etc.

Emotional:

Control, isolate, intimidate, threats, etc.

Sexual:

Unwanted touch, forced sex, infidelity, unjustified jealousy, comparisons to other women, etc.

Signs of Domestic Violence

If your partner:

- Has hit, threatened, or intimidated you...
- Has deprived you of your freedom...
- Has exposed you to physical or emotional harm...
- Has forced you to perform unwanted sexual behaviors...
- Has threatened to notify the police or government of your immigration status

...then you are suffering violence

You are experiencing domestic violence if ...

- You are afraid of your partner
- You feel relieved when he is not home
- You feel responsible for anything that happens around you
- You cannot be yourself around your partner

Do not keep the abuse a secret. Remember, you are not alone. You do not deserve to be mistreated. There are people and places where you can find support.

You should not feel ashamed about being in an abusive relationship.

Caminar Latino Women's Program

Caminar Latino offers a response to the fear and isolation that women face by creating possibilities for Latinas affected by violence to transform their lives and communities.

We offer:

- Two support groups for Latina survivors of domestic violence
- An intervention program for Latinas referred by the Division of Family and Children Services or mandated by the court because they have used violence
- Court accompaniment and guidance on legal matters
- Individual counseling
- Information and referral services
- Crisis management

All services are free!

"Thanks to Caminar Latino my life has been different. I have two daughters...they are more positive and have learned to survive the domestic violence we lived through together. I have changed for the better...I am now a survivor of domestic violence."

~ Participant